# WLU RETIREES' NEWS

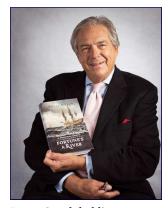
A publication of the Wilfrid Laurier University Retirees' Association

To contact the Executive: retirees@wlu.ca

Fall 2019

# Memories of You – from Victoria, BC

by Barry Gough



Barry Gough holding a copy of his award-winning book, Fortune's a River. Photo credit: Stephanie Jones

It seems like yesterday that I handed in my office key at Laurier, doing so with much and sadness expectation. Mandatory retirement manded my exit, but new horizons beckoned. Thirty-three years at Laurier had made it my own institution, as it were, but the happy memories linger still. And I continue to think that my proposal to call our retirees' newsletter "New Horizons" a good one. Many thanks to the editors for producing such a fine publication. Thanks

also for the work of our members who keep a watch on pensions, health benefits, travel insurance and much more. Also, please do keep those photos coming of gatherings at The Duke, a favourite rendezvous for town and gown.

Marilyn and I have made our home in Victoria since July 2004. Returning to my childhood home fulfilled a personal dream, for my parents had built the house in 1931 at the time of their marriage. Apart from a few tenants, the house has been in my family since that time. I know of no other instance of this sort of family holding of the same property in Victoria, or elsewhere in Canada, so the case is quite unique. I still have the receipts for the land purchase, site preparation, construction materials, and more, from when the house was built. This is a reminder of how expen-

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sive housing is nowadays. All the same, I am reminded of the thrift and ingenuity that was exerted by individuals during the Depression. We lived with far less in the 1930s and 1940s, and I can remember when the first refrigerator arrived here and also our first small kitchen radio. There was a war on when I was here in my early childhood, and even today I can recall blackout curtains in my bedroom, curfew alarms and, at Oaklands School, a gas mask in my desk. That was my war, and for us Japan was a near and present danger – memories of Pearl Harbor still rather clear in the public's mind. How soon we forget.

Speaking of wars, the First World War had a remarkable impact on Victoria, touching every aspect of life. As chair of the Victoria High School Alumni Association I launched our Great War Project in order to showcase our school's history, its archives, its memorials and its literary achievements of that terrible time. The school's student magazine, The Camosun, provided much material for the working historian. The book is a portrait of a Canadian high school that virtually went to war and was forever changed by the experience. Of all the episodes of our history, none made Victorians more Canadian than this great adventure of war. It is one of the oddities of our collective experience that, although we proclaim to be a nation of peacemakers, we were in fact forged by war - the one described in my book, From Classroom to Battlefield: Victoria High School and the First World War (Heritage House, 2014).

The historian's work has been my abiding passion and constant friend. The publishers have been ardent in their pursuit of manuscripts, and the reviews have been rewarding and reaffirming. All the same, my golf partners want to know, "What's your next book, Barry?" They ask this about the sixth hole when I am valiantly seeking to keep my game under control – that is, in bounds and out of sand traps and bunkers. "Sixty-five Years of Golf Misadventures" is my throwaway line by way of return, and they laugh and move on to their next shot. The sixth hole at the Victoria Golf Club is called Vimy Ridge, another location of triumphs and tragedies!

Speaking of golf, and of Laurier, it had always been my chum Arthur Stephen's desire to go back to his native Scotland and play St. Andrews (the Old Course), Carnoustie, Gleneagles and others. A number of friends, including myself, made possible Arthur's trip to the old sod. I arranged for a Scottish piper to launch Arthur's schema, and in the old president's house that Arthur and his staff occupied the

skirl of the bagpipes proclaimed that Arthur and his entourage were heading for "ye banks and braes o' bonnie Doon." And what a grand time it was, on and off the course, and visiting with Arthur's parents in their home. That's one of a thousand precious memories of those times. No one loved Laurier more than Arthur.

Each year, come springtime and after a long winter, a handful of faculty and staff would venture into some part of rural Waterloo County for an afternoon excursion to wagon-making works or to some old heritage school, and at day's end to some place of refuge for food and fellowship. Bob McCauley, Gerry Noonan and I were some who were always in on these ventures, and Edna Staebler was part of our circle. Edna, we recall, was the famed cook her book, Food that Really Schmecks, a national sensation. Gerry knew I loved fly fishing so one year he arranged for me to catch trout and Edna to fry the same at a portable barbecue set up on the banks of a New Hamburg fish farm. I have always chuckled to think of me supplying fish to the great writer of cookbooks. And on other occasions, many a happy hour was spent at Edna's cottage on Sunfish Lake as we talked through who should get next year's Edna Staebler Award in Creative Non-Fiction, a first in book prizes for that genre in Canada.

Before I close this brief report from Canada's far west, I am pleased to say that my clarinet still gives voice to tunes such as "Memories of You," "Amazing Grace" and "Take the A Train." My love of jazz and jazz performance still burns brightly. I volunteer with a non-profit society to mentor and teach jazz and jazz performance. In a world so divided by race and creed it is grand to know that music is an international medium of human exchange, crossing as it does boundaries and embracing peoples in all sorts of aspects of the human condition.

Best regards to all.

# **Mexican Sojourns**

by Andrew Lyons



Andrew Lyons

In 2012, shortly after Harriet Lyons retired from the University of Water-loo and three years after I retired from Laurier, we moved from Waterloo to Toronto, from a house remote from public transport to an apartment with a streetcar at the door. Now we had access to the AGO, the ROM, the TSO and the opera without having to journey by car in uncertain weather. But

we still had not solved the problem of Southern Ontario's winters. Because neither of us was physically adept, we did not skate, ski or snowboard. We did succeed all too often in falling on the ice.

Physical and artistic ineptitude were just one reason I had not pursued an opportunity to do post-doctoral work at Yale in Maya archaeology and epigraphy back in 1974. Many of you doubtless know that the Maya carved "hieroglyphs" on stone stelae and painted them on bark paper, ceramics and walls. Michael Coe, who would have supervised me, had worked with Yuri Knorosov, based in Leningrad, and a Russian-American, Tatiana Proskouriakoff, on the decipherment of the writing system. Knorosov guessed that Maya script contained ideograms (signs denoting concepts) such as the calendrical signs but, like the Early Greek Linear B script in Crete that Michael Ventris had just deciphered, was primarily syllabic (there were about 80 phonetic signs one sign might be "ba," another might be "ke"). In contrast to syllabaries, alphabetic systems have less than 40 characters, whereas hieroglyphic systems that rely more on pictograms and ideograms than on phonetic elements may have as many as 5,000. Deciphering the script has not been an overnight process. It is still going on. Reading Coe's book, Cracking the Maya Code, reignited my interest in Maya archaeology, history and epigraphy. Looking to combine post-retirement studies and pleasure, we booked a holiday at a hotel in Akumal, part of the municipality of Tulúm in the Riviera Maya, 100 km south of Cancun. A few months before our move to Toronto, we drove from Waterloo to the airport on a rainy, misty, miserable February night.

In a hotel restaurant the head waiter glanced at our copy of Coe's book. "Our hero!" he exclaimed in English. While we were in Akumal, Harriet introduced herself to somebody at the next table who was speaking Greek (we have been working on a research project in Greece for some years, also an indirect consequence of an interest in ancient history). Alexander was a Montrealer, half Greek and half Mexican. He showed us a condo development that was part Mesoamerican, part Japanese and part Scandinavian in architectural inspiration. A year later we took the plunge.

Akumal is about 5 km from the minor ruins of Xel Ha and only 20 km from the ruins of the port of Tulúm, an archaeological site with its own beach and some of the attributes of a theme park. It is 60 km from the ruins of Cobá and four hours from the famous Maya site at Chichen Itzá. In the Chan Hol cave, less than five km from our condo, the remains of a woman even older than ourselves have been found. About 13,000 years old, "Naia" is the oldest hominid in Latin America. Near us there are many limestone caves, cenotes (above ground and underground lakes formed when water fills limestone sinkholes), splendid beaches and restaurants that serve the Yucatan's distinctive cuisine (e.g., cochinita pibil, pulled pork, which used to be cooked in a stone oven). The beautiful city of Merida, Yucatan's capital, is a day's drive away.

Historically, over three centuries after the Spanish conquest Tulúm participated in a Yucatec Maya rebellion which succeeded in freeing a small area from Mexican control WLU RETIREES' News • Fall 2019



Street mural in Akumal

during the late nineteenth and early twentieth century. Today it has a Yucatec mayor who belongs to Mexico's new ruling MORENA (socialist party). He is using the revenue from tourism to enhance the beauty and safety of the centre of the town. As a result of tourism, the permanent population in the state of Quintana Roo has grown from 50,000 to 1,500,000. There are Yucatec from Quintana Roo and Yucatan, Tzotzil and Tzeltal Maya from Chiapas, Nahua and other migrants from Mexico City, and American and Canadian expatriates. There are also "snowbirds" like ourselves and vacationers. Tourism is a mixed blessing. In the new buildings that local Yucatec call the PLASTICO FANTASTICO, "culture" is for sale. You can buy a miniature pyramid and a sombrero that no sane Mexican would wear. Tourism has put tortillas on the table for many people, and most Maya would be worse off economically without it. However, social inequality, environmental destruction and corruption and organized warfare between drug gangs represent a major challenge to the municipal, state and federal authorities.

In our new apartment we are partially insulated from all of this, although hardly unaware that there are problems in Paradise (Paraiso). The internet works 99% of the time. We have 200 books on Kindle and 400 albums on ITunes. The power is on about 98% of the time, and we just installed solar panels. We swim in three splendid pools in the complex as well as the Caribbean. We see iguanas, coatis, agoutis and kiskadees. We have new friends, mainly Canadians and Americans. We are making a few Mexican friends as our Spanish slowly improves. Contrary to what you may have read in the papers, our lives and property are not in danger when we leave our development. It is true that purchasing petrol can be an adventure - a knowledge of Spanish is essential when an attendant insists that you handed him a pinkish red 50-peso note rather than a dull red 500. However, we have had property returned to us three times when we accidentally dropped it in supermarkets and at a cellphone store. We don't go clubbing and we don't do drugs, and that's why we are probably safer in Akumal than we would be walking or driving on ice and snow.

## **Report on Friday Afternoon Gathering**

# **Spartan Happiness**

by Gerry Schaus

My presentation in May, immediately following the Association's annual general meeting, was meant to provide a little insight into what constituted a "happy" life to ancient Greeks, and especially to the Greeks who lived the most spartan of lives, the Spartans themselves.



Spartans dancing and playing music

It began with a tale related by Herodotus (Book 1.30-33), the first writer of "history," and the consummate storyteller. He narrates that an Athenian named Solon, one of the Seven Wise Men of Greece, once visited the wealthiest man in the world, King Croesus of Lydia, and was asked by

Croesus, "Who is the happiest man you've ever known?" To Croesus' surprise and disappointment, Solon replied that it was Tellus, the Athenian, and explained that Tellus had had a wonderful family, a comfortable living and had died a



Heroic warriors on a Spartan vase

hero in battle for his country. So, Croesus asked, who was second in happiness, to which Solon replied, two young brothers who were successful athletes and who had died honouring their mother. Croesus dismissed Solon as foolish since he could not recognize how happy Croesus himself was, with his wealth and power. Soon afterwards though, Croesus lost his beloved son, and then his empire, and almost his life, before he recognized the wisdom in Solon's fateful words.

The Spartans are famous as warriors, leading the Greeks at the battles of Thermopylae and Platea, and creating the most powerful city-state in all of Greece. They disapproved of the accumulation of personal wealth, had contempt for luxury and taught the value of simple lives devoted to military training in defence of their city and in control of their serf population. The Spartans left very few writings of their own, but we get a good idea of Spartan

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## In Memoriam

◆ Paul-Eugène Dion, August 3, 2019, husband of Michèle Daviau, Archaeology and Classical Studies

life, and what constitutes happiness for them, from vase paintings on Laconian (Spartan) vases, a special research interest of mine. Here, we find the expected scenes of Spartan warriors, arming themselves or fighting or honouring their heroic dead. But we can also see that they loved life: hunting, racing horses, banqueting, listening to music, dancing, drinking and making jokes. How is this different from us today? Perhaps both Solon and the Spartans are most different in that they did not measure happiness by the amount of wealth a person possessed, but by one's devotion to family and country, and in the admiration and gratitude given by fellow citizens. King Croesus only learned this at the end, says Herodotus.

# Message from the President

by Gerry Schaus



Another federal election is on the way. Whether one stands politically in the centre, the left or the right, labels too easily bandied about by the way, the biggest decision for many if not most Canadians is: "Should I bother to vote at all." If you're cynical, thinking that all

politicians are the same, telling us one thing and doing another after the election, or that politics is about getting into power to enrich yourself and your friends, or that corruption is acceptable until you're caught, after which time lying is acceptable, then the decision not to vote comes more easily. If you're hard-headed and practical, thinking that one person's vote is never going to tip an election except in the rarest circumstance, or believing that whichever candidate wins in your riding it will have very little effect on your own life, or accepting that no matter the election results you're still going to be paying more taxes than you like, then the decision not to vote again is easier. But if you're a concerned Canadian, and conscientious about exercising your right to vote, then you want to make your little voice heard. You want to take responsibility for sending a wise, compassionate representative to Ottawa to act on behalf of yourself, your family and your neighbours in the region.

My guess is that most members of the WLU Retirees' Association have already made up their minds whether to vote or not, and most of us already know which party we'll

## Welcome to the 2019 Retirees

We welcome all 2019 retirees to the WLU Retirees' Association. As an introduction to the Association your membership will be free until October 2020. You are cordially invited to participate in all of our programs.

**Continuing Members:** You will only receive a notice about fees if your membership is about to expire. If so, we hope you will continue your membership. Members in good standing will not receive any fee notice.

support. As seniors, with an above-average level of education and a well-developed sense of responsibility, I believe we'll listen to the candidates, peer through the rhetoric and doublespeak, identify the most important issues, with the help of the media of course, and cast a vote not just on behalf of ourselves and our loved ones, but on behalf of every single Canadian who decides not to vote. That's a heavier responsibility, but in my humble view we're as prepared as any group of citizens to shoulder it.

I hope everyone has a great autumn!

# **Pension Update**

by Alastair Robertson

#### **Pension Fund Overview**

The Audited Financial Statements of the Wilfrid Laurier University Pension Plan for the year ending December 31, 2018, show that at the end of 2018 the Laurier pension fund had assets with a market value of approximately \$615 million. Of those assets, 49.1% were held in the form of equities, divided between Canadian equities (20.7%) and foreign equities (28.4%). Fixed-income investments accounted for 39.5% of total assets, and included both Canadian and foreign bonds (23.6%), mortgages (10.0%) and cash and equivalents (5.8%). Finally, infrastructure investments made up the remaining 11.4% of total assets.

Almost all of the assets of the Laurier pension fund are held within eight pooled funds administered by external investment managers. The largest of these eight funds is the Signature Canadian Balanced Fund, managed by CI Investments, with a value of \$137.6 million at December 31, 2018. Two global equity funds, one managed by Walter Scott & Partners Limited and the other by First Eagle Investment Management, were worth \$88.2 million and \$73.8 million, respectively. Completing the list of equity funds was the Canadian Equity Fund, managed by Q.V. Investors Inc., and valued at \$55 million. Fixed-income investments were the focus of three funds: a Canadian bond fund (\$67.6 million), managed by Phillips, Hager & North; a global fixed-income fund (\$32.3 million), managed by

Brandywine Global Investment Management; and the Romspen mortgage fund (\$61.7 million). Finally, the IFM Global Infrastructure Fund, managed by IFM Investors, was valued at \$64.0 million.

## **Responsible Investment Report**

In 2017 the WLU Board of Governors approved a number of recommendations related to responsible investment of Laurier's investment funds, including the pension fund. One of the recommendations was to develop an annual report on responsible investment. The first such report was presented to the Board at its June 2019 meeting. The report noted that during the 2018-19 year the Investment Oversight Sub-committee, the Joint Finance and Investments and Pension Committee, and Financial Resources staff received training from Proteus Performance on various responsible investment topics. In addition, Laurier became a member of the Responsible Investment Association, which will provide opportunities to collaborate with other institutions and access research related to responsible investment. The University continues to monitor its exposure to the Carbon Underground 200's list of public-traded securities, which identifies 200 of the world's top fossil fuel companies ranked by the potential carbon emissions content of their reported reserves. The report also notes that, as of April 2019, seven of Laurier's investment managers were signatories of the UN-PRI (United Nations-supported Principles for Responsible Investment) – a more than threefold increase since 2016 when only two managers reported that they were signatories.

#### **Pension Fund Rate of Return**

Over the first six months of 2019 to June 30, the pension fund earned a year-to-date rate of return of 8.43%. This compares very favourably with the 3.48% return recorded over the first six months of 2018 and the 3.62% return earned over the first half of 2017.

## **CURAC Affinity Agreements**

CURAC (College and University Retiree Associations of Canada) has arranged a number of affinity agreements which provide discounts to members. As a member of the WLU Retirees' Association you are eligible to participate in these affinity agreements.

#### **Travel Medical Insurance**

MEDOC offers travel and medical insurance quotations.
 A summary of their offerings is available at johnson.ca/travel/medoc/splash-en.jspx. Interested individuals may

- call 1-866-606-3362 with specific questions, to obtain a quotation and to purchase the insurance. Please identify yourself as a member of the College and University Retiree Associations of Canada, and quote group number 087, unit 11.
- 2. **RTO** (Retired Teachers of Ontario) does not offer standalone travel insurance. However, their full extended health care package includes competitive travel and trip cancellation insurance. RTO is permitted to offer its plan only to members, which you can join for an annual cost of \$57. Membership enquiries may be directed to RTO at 1-800-361-9888.
- 3. **Other:** There will be some members who will not see a fit with either of these options for travel health insurance. They may wish to contact Securiglobe, a broker who endeavours to match individual clients with an insurance that best suits their needs. Contact them at 1-888-211-4444.

## Retired Teachers of Ontario (RTO) and the WLU Retirees' Association

Members of the WLU Retirees' Association are eligible to join the Retired Teachers of Ontario (RTO) and participate in RTO's group plans. You must be a member of RTO and permanently residing in Canada to join an RTO group insurance plan. You can join RTO without joining an RTO plan. For membership information and an application see rto-ero.org/join-us/membership. The membership cost is \$57 per year. Membership inquiries can be directed to RTO at 1-800-361-9888.

### **RTO Extended Health Care Plan**

Features of the RTO Extended Health Care Plan:

- Pays for eligible expenses not normally covered by a government health insurance plan which are recommended as medically necessary.
- Coverage includes prescription drugs, vision care, eldercare guidance, paramedical practitioners, aids and appliances, accidental dental and guidance on treatment options, subject to limitations.
- ♦ Travel insurance:
  - For unlimited number of trips outside Ontario per year, each up to 93 days' duration.
  - Maximum of \$2,000,000 per person per trip for eligible emergency medical expenses.
  - \$6,000 trip cancellation and interruption/delay per person per trip.
  - Pre-existing medical conditions are covered, subject to a 90-day medical stability clause.

RTO members who are currently in a group health benefits plan, such as Laurier's, will be accepted as members of the RTO Extended Health Care Plan without a medical questionnaire. Coverage is also available for a spouse and/or dependent children residing in Canada.

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Those interested can review the RTO Extended Health Care Plan and rates at rto-ero.org/group-insurance-plans/rtoeros-group-insurance-plans/extended-health-care-plan.

Rates vary relative only to single, couple or family. They are not age-banded. Current monthly rates for the RTO Extended Health Care Plan are: single, \$99.39; couple, \$198.81; and family, \$238.59.

Information may be found at:

rto-ero.org/group-insurance-plans/rtoeros-group-insurance-plans.

To proceed with learning more or to apply for enrolment in the RTO Extended Health Care Plan or other RTO plans, please:

- ♦ Call the plan administrator (Johnson) at 1-877-406-9007;
- Identify yourself as a member of the CURAC group; and
- ◆ Identify your member association, the WLU Retirees' Association.

Coverage can be continued for a surviving spouse and eligible dependent children following an RTO member's death if they are already enrolled in the RTO Extended Health Care Plan and premiums continue to be paid.

Please note that the surviving spouse of a deceased retiree may only join RTO and RTO's plans if the deceased retiree was an RTO member. A retiree may want to join RTO to ensure his/her surviving spouse is eligible to join RTO and enrol in their group plans if the retiree predeceases the spouse. After a retiree dies, any health and dental benefits from Laurier for the surviving spouse and eligible dependents only continue for two years. If the surviving spouse joins an RTO plan this should be done within two years of the retiree's death, while still a member of Laurier's Group Benefits Plan, as they will then be accepted into the RTO plan without a medical questionnaire.

The Laurier benefits a retiree had when he/she retired remain in place. The RTO plans are available from your membership in the Retirees' Association and are not associated with Laurier. Enrolment in an RTO plan would be in addition to any benefits from Laurier.

## **Trip Cancellation and Trip Interruption Insurance**

Johnson Inc. offers two Trip Cancellation and Trip Interruption plans to CURAC members. These plans are not medical insurance.

**New:** Johnson Inc. offers a stand-alone trip cancellation and interruption insurance. This insurance covers \$12,000 per person per trip for an unlimited number of trips per year at an annual premium of \$88 to cover an individual, a couple or a family. Extended family members or friends of CURAC members are also eligible to enrol. This plan also covers lost, stolen or damaged luggage. Carefully read the details of what this plan covers, particularly the pre-existing medical conditions clauses, before deciding whether this plan is for you.

For information on the policy and how to enrol, con-

## **Membership Directory Corrections**

Add:

Cliff Bilyea

90 Birch St.

Sauble Beach, ON NOH 2G0

519-270-9314

Life-long Learning and Ancillary Services

Spouse/Partner: Peg

Grandparents to 17 grandchildren and 4 great-grand-

children

Phone number correction for Helen Parson: 819-465-2402

tact the Johnson Plan Benefit Service team toll free at 1-877-989-2600 or email <a href="mailto:pbservicewest@johnson.ca">pbservicewest@johnson.ca</a>. This is Group Insurance, so when you are asked for "Name of your Employer/Association," enter "CURAC – Wilfrid Laurier University Retirees' Association."

MEDOC (Johnson Inc.) also provides travel/trip cancellation insurance, with rates varying by age and medical condition. A summary of their offering can be perused at johnson.ca/travel/medoc/splash-en.jspx. Interested individuals may call 1-866-606-3362 with specific questions, to obtain a quotation and to purchase the insurance. Please identify yourself by the university/college association from whence you come, and quote group number 087, unit 11.

#### **Travel Planning**

### Collette Travel

Members planning future travel may wish to check out the broad range of tours available to them from Collette Travel at the following: gocollette.com/en-ca/landing-pages/2015/partner/curac. The website lists better than 160 tours to destinations worldwide at a broad range of departure dates. CURAC members enjoy savings on bookings, benefit from professionally planned itineraries and the services of a Tour Manager and enjoy other perks on certain tours (e.g., round trip home to airport sedan service).

Inquiries about tours or bookings can be made by calling 1-800-468-5955. Alternatively, bookings can be made through your local travel agent. Make sure to mention your membership in a CURAC association for additional savings.

#### Trip Merchant

Welcome to your new CURAC travel website by Trip Merchant. This website is password protected for members-only access. Click on this link: curac.tripmerchant.ca. Once you click on it, you will have to enter the CURAC password: CURACTM18. If your computer asks you if you want to save your password, select "yes" so that you don't have to re-enter your password each time.

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Trip Merchant, has negotiated special membership savings directly with travel suppliers, some as much as a 30% savings on travel experiences. Trip Merchant works with a wide variety of travel suppliers who represent different travel styles in order to accommodate many traveller preferences.

#### Home and Auto Insurance

Economical offers auto and home insurance at advantageous rates. More information is available at curac.ca/members-benefits/economical-ha/. Quotations can be obtained by calling 1-866-247-7700.

#### **Pet Care Insurance**

PetSecure offers pet insurance at advantageous rates. PetSecure is a member company of Economical. More information is available at curac.ca/members-benefits/economical-pet.

\* \* \*

See the CURAC Website at curac.ca for more information and other affinity agreements.

- Canadian Association of Retired Persons (CARP) membership;
- ♦ Literary Review of Canada subscription.

# Possible Liaison between Retirees and Students?

In response to a WLURA member's suggestion made at our Annual General Meeting in May, we are asking the Retirees to consider the following questions:

Should the WLU Retirees' Association facilitate a connection between interested students and willing retirees? For instance, if you're a Laurier retiree and are alone and perhaps residing in a facility, might you welcome a social visit from a Laurier student wanting to perform community service?

Conversely, if Laurier students want information or advice from someone with academic experience at Laurier but who is no longer teaching, would you be willing to dialogue with them?

If you have an opinion or might like to be listed for either type of connection, please contact Gerry Schaus by telephone at 519-886-4428 or by email at <a href="mailto:gschaus@wlu.ca">gschaus@wlu.ca</a>.

## **Access to On-line Human Resources**

All Human Resources-related information for retirees, including access to the pension portal and benefits provider, may be accessed by going to the Laurier home page (www.wlu.ca), clicking on Menu, clicking on Faculty and Staff and then clicking on Retiree Resources (lower left on Faculty and Staff page).

Log-ins are required for access to the pension portal and benefits provider. Any questions can be directed to hr@wlu.ca.

# **Upcoming Fall Gatherings**

## Friday, September 27, 2019 David Clarke on "A Message from Our Microbes: 'Don't Mess with Us'"

Main floor lounge at 202 Regina at 1:30 p.m. for coffee and 2:00 p.m. for the presentation.

We are pleased to have a presentation by bacteriologist David Clarke. Bacteria are everywhere, in the air, soil, water, and inside your body and on your skin. They can multiply very rapidly, forming colonies of millions or billions of organisms even within a drop of water. We cannot see them, but they make it possible for all other life to exist. However, they can be harmful.

David is the retired manager of the Regional Microbiology Laboratory at Grand River Hospital. He will discuss some interesting aspects of microbiology from antiquity to the present, immunity, some aspects of alternative medicine, antibacterial everything, antimicrobial resistance, and food safety. David will address many of the phobias, misconceptions and biases around many of these issues.

## Friday, October 25, 2019 Pub Night at the Duke of Wellington

Come to this pub, located on Erb St. adjacent to Waterloo Square, at 5:00 p.m. for a drink and stay for dinner if possible. The past pub nights have been very popular.

## Friday, November 29, 2019 Pensions and Benefits

We will meet in the main floor lounge at 202 Regina Street at 1:30 p.m. for a social time, with the presentation beginning at 2:00 p.m.

There will be a presentation by Human Resources personnel on pensions and benefits with an opportunity for discussion and to ask questions. HR has also invited a Sun Life representative. Affinity programs for members will also be discussed.

# Parking Permit for WLU Retirees' Association Meetings

This parking permit for our 2019-2020 meetings at the 202 Regina building is valid in any Laurier gold (faculty/staff) or white (student) lot from 1 p.m. to 4 p.m. on the days of our meetings.

## Parking Lots Close to 202 Regina St.

Lot 2: Rear of 202 Regina St. (off Lodge St.)

Lot 36: Lodge Administration Building

Lot 38: Greek Cypriot Community Centre

Lot 48: Behind Swan Dust Control, access off Lodge St.

Lot 35: Off Regina St., behind 195-205 Regina St.

Lot 43: Located at 230 Regina St.



**EVENT: WLU Retirees Association** 

Permit valid: 1:00 pm - 4:00 pm only

Dates VALID: Sept. 27 2019, Nov 29 2019, Jan 31 2020,

Feb 28 2020, April 24 2020, May 29 2020

This parking permit is valid in any White or Gold permit parking lot only for the dates listed. Permit is not valid in any Reserved space or paid parking areas.

Approved by WLU Parking & Transportation Resources
Please ENSURE THIS PERMIT IS VISIBLE ON YOUR DASH

Any questions please contact the Parking office 519-884-0710 Ext. 3032

#### WLURA Executive 2019–2020

President:	Gerry Schaus	519-886-4428	Newsletter, Photography:	Vacant	
Past President:	Frank Millerd	519-576-3468	Program Co-ordinators:	Frank Millerd	519-576-3468
Secretary:	Joan Kilgour	519-743-7396		Gerry Schaus	519-886-4428
Treasurer:	Ed Linder	519-579-6629	Member-at-Large:	Doreen Armbruster	519-886-2017
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Pensions:	Alastair Robertson	519-884-5532	Member-at-Large:	Michèle Daviau	519-725-3581
CURAC Representative:	Frank Millerd	519-576-3468	Member-at-Large:	Dianne Hotson	519-578-0595
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